

Name	Rouba Karen Zeidan
Educational Background	PharmD and a Master in Public Health from the Lebanese University, and a PhD in Epidemiology from Université Toulouse III - Paul Sabatier.
Summary of career to date ( 150 -250 words)	<p><u>Academic:</u> Started as a lecturer at the Lebanese University, Faculty of Public Health in 2014. Became an assistant professor in 2016. Associate professor in 2018. Currently Head of the Department of Psychomotricity.</p> <p>Courses: Biostatistics, Epidemiology, SPSS software.</p> <p>Departments: Biosanté (Master 1); Master of Public Health (Master 1 – double degree from Paris-Saclay University &amp; Lebanese University); Nutrition and Dietetics (Master 1); Psychomotricity (4<sup>th</sup> year); Speech therapy (Master 2).</p> <p><u>Research:</u> Former member of the research committee at the Lebanese Order of Pharmacists.</p> <p>Currently affiliated to CERIPH (Center for Research in Public Health), Faculty of Public Health, Lebanese University, and INSPECT-LB (Institut National de Santé Publique, d'Épidémiologie Clinique et de Toxicologie-Liban). Thesis Supervisor in 1 PhD project, and 14 Masters projects. Jury member in 27 master thesis presentations.</p>
Research interests and specialty (List up to 5)	<ul style="list-style-type: none"> <li>- Cardiovascular and metabolic diseases</li> <li>- Misuse of antibiotics</li> <li>- Mental health</li> <li>- Psycho-nutrition</li> </ul>
Major accomplishments (100 words max.) (optional)	
List of publications (Preferable)	<ol style="list-style-type: none"> <li>1. Zakhour, M., Haddad, C., Sacre, H., Tarabay, C., <b>Zeidan, R. K.</b>, Akel, M., Hallit, R., Kheir, N., Obeid, S., Salameh, P., &amp; Hallit, S. (2021). Differences in the associations between body dissatisfaction and eating outcomes by gender (restrained eating, binge eating, orthorexia nervosa, and emotional eating)? A Lebanese population study. <i>Revue d'Épidémiologie et de Santé Publique</i>. Accepted.</li> <li>2. Issa, A., Saleh, N., Hleyhe, M., <b>Zeidan, R. K.</b>, Assaf, S., &amp; Lahoud, N. (2021). Challenges in antibiotics prescription in pediatrics: A national survey among Lebanese pediatricians. <i>Research Square</i>. <a href="https://doi.org/10.21203/rs.3.rs-334293/v1">https://doi.org/10.21203/rs.3.rs-334293/v1</a></li> <li>3. Sayegh, N., Hallit, S., Hallit, R., Saleh, N., &amp; <b>Zeidan, R. K.</b> (2021). Physicians' attitudes on the implementation of an antimicrobial stewardship program in Lebanese hospitals. <i>Pharmacy Practice</i>, <i>19</i>(1), 2192. <a href="https://doi.org/10.18549/PharmPract.2021.1.2192">https://doi.org/10.18549/PharmPract.2021.1.2192</a></li> <li>4. Lahoud, N., Rizk, R., Hleyhel, M., Baaklini, M., <b>Zeidan, R. K.</b>, Ajaka, N., Rahme, D., Maison, P., &amp; Saleh, N. (2021). Trends in the consumption of antibiotics in the Lebanese community between 2004 and 2016. <i>International Journal of Clinical Pharmacy</i>. <a href="https://doi.org/10.1007/s11096-020-01218-7">https://doi.org/10.1007/s11096-020-01218-7</a></li> </ol>

5. Bou Ali, I., Farah, R., **Zeidan, R. K.**, Chahine, M. N., Al Sayed, G., Asmar, R., Hosseini, H., & Salameh, P. (2020). Stroke symptoms impact on mental and physical health: A Lebanese population based study. *Revue Neurologique*, S0035378720306019. <https://doi.org/10.1016/j.neurol.2020.03.026>
6. **Zeidan, R. K.**, Kahwagi, R.-M., Haddad, C., Hallit, R., Sacre, H., Kheir, N., Salameh, P., Obeid, S., & Hallit, S. (2020). Emotion regulation among Lebanese adults: Validation of the Emotion Regulation Questionnaire and association with attachment styles. *Perspectives in Psychiatric Care*. <https://doi.org/10.1111/ppc.12619>
7. Hallit, S., **Zeidan, R. K.**, Saade, S., Hajj, A., Hallit, R., Yahchouchy, C., Kheir, N., Iskandar, K., Sacre, H., & Salameh, P. (2020). Knowledge, Attitude and Practice of Lebanese Community Pharmacists toward Chronic Obstructive Pulmonary Disease. *Journal of Epidemiology and Global Health*, 10(1), 86–95. <https://doi.org/10.2991/jegh.k.191215.004>
8. Haddad, C., Sacre, H., Hajj, A., Lahoud, N., Akiki, Z., Akel, M., Saade, D., **Zeidan, R. K.**, Farah, R., Hallit, S., & Salameh, P. (2020). Comparing cigarette smoking knowledge and attitudes among smokers and non-smokers. *Environmental Science and Pollution Research*. <https://doi.org/10.1007/s11356-020-08162-z>
9. **Zeidan, R. K.**, Haddad, C., Hallit, R., Akel, M., Honein, K., Akiki, M., Kheir, N., Hallit, S., & Obeid, S. (2019). Validation of the Arabic version of the binge eating scale and correlates of binge eating disorder among a sample of the Lebanese population. *Journal of Eating Disorders*, 7(1), 40. <https://doi.org/10.1186/s40337-019-0270-2>
10. Boulle, P., Sibourd-Baudry, A., Ansbro, É., Prieto Merino, D., Saleh, N., **Zeidan, R. K.**, & Perel, P. (2019). Cardiovascular Disease among Syrian refugees: A descriptive study of patients in two Médecins Sans Frontières clinics in northern Lebanon. *Conflict and Health*, 13(1), 37. <https://doi.org/10.1186/s13031-019-0217-x>
11. Issa, C., Hobeika, M., Salameh, P., **Zeidan, R. K.**, & Mattar, L. (2019). Longer durations of both exclusive and mixed breastfeeding are associated with better health in infants and toddlers. *Breastfeeding Review*, 27(2), 17-27. <https://search.informit.org/doi/10.3316/informit.674686961104750>
12. Hallit, S., Saade, S., **Zeidan, R. K.**, Iskandar, K., Kheir, N., Youssef, L., Costantine, R., Hallit, R., & Salameh, P. (2020). Factors associated with undiagnosed type II diabetes mellitus, undiagnosed impaired fasting glucose and these patients' quality of life in Lebanon. *Journal of Public Health*, 42(3), 550–560. <https://doi.org/10.1093/pubmed/fdz051>
13. Hallit, S., Haddad, C., **Zeidan, R. K.**, Obeid, S., Kheir, N., Khatchadourian, T., & Salameh, P. (2019). Cognitive function among schoolchildren in Lebanon: Association with maternal alcohol drinking and smoking during pregnancy and domestic use of detergents and pesticides during childhood. *Environmental Science*

*and Pollution Research International*, 26(14), 14373–14381.  
<https://doi.org/10.1007/s11356-019-04797-9>

14. **Zeidan, R. K.**, Hallit, S., Zeenny, R. M., & Salameh, P. (2019). Lebanese community-based pharmacists' interest, practice, knowledge, and barriers towards pharmacy practice research: A cross-sectional study. *Saudi Pharmaceutical Journal*.  
<https://doi.org/10.1016/j.isps.2019.02.002>
15. Mattar, L., Hobeika, M., **Zeidan, R. K.**, Salameh, P., Issa, C., & "Breastfeed for a Healthier Lebanon" study group. (2019). Determinants of Exclusive and Mixed Breastfeeding Durations and Risk of Recurrent Illnesses in Toddlers Attending Day Care Programs Across Lebanon. *Journal of Pediatric Nursing*, 45, e24–e34.  
<https://doi.org/10.1016/j.pedn.2018.12.015>
16. Salameh, P., **Zeidan, R. K.**, Hallit, S., Farah, R., Chahine, M., Asmar, R., & Hosseini, H. (2019). Cardiovascular Diseases and Long-term Self-reported Exposure to Pollution: RESULTS OF A NATIONAL EPIDEMIOLOGICAL STUDY IN LEBANON. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 39(1), 43–49.  
<https://doi.org/10.1097/HCR.0000000000000378>
17. Ghaddar, F., Salameh, P., Saleh, N., Farhat, F., Chahine, R., Lahoud, N., Hleyhel, M., & **Zeidan, R. K.** (2018). Noncardiac Lebanese hospitalized adult patients' awareness of their coronary artery disease risk factors. *Vascular Health and Risk Management*, 14, 371–382. <https://doi.org/10.2147/VHRM.S176167>
18. Cherfan, M., Blacher, J., Asmar, R., Chahine, M. N., **Zeidan, R. K.**, Farah, R., & Salameh, P. (2018). Prevalence and risk factors of hypertension: A nationwide cross-sectional study in Lebanon. *Journal of Clinical Hypertension (Greenwich, Conn.)*.  
<https://doi.org/10.1111/jch.13268>
19. Salameh, P., Farah, R., Hallit, S., **Zeidan, R. K.**, Chahine, M. N., Asmar, R., & Hosseini, H. (2018). Self-reported history of stroke and long-term living conditions near air pollution sources: Results of a national epidemiological study in Lebanon. *Environmental Monitoring and Assessment*, 190(3), 153. <https://doi.org/10.1007/s10661-018-6545-2>
20. Salameh, P., Chahine, M., Hallit, S., Farah, R., **Zeidan, R. K.**, Asmar, R., & Hosseini, H. (2018). Hypertension prevalence and living conditions related to air pollution: Results of a national epidemiological study in Lebanon. *Environmental Science and Pollution Research*.  
<https://doi.org/10.1007/s11356-018-1411-x>
21. **Zeidan, R. K.**, Farah, R., Chahine, M. N., Asmar, R., Hosseini, H., Salameh, P., & Pathak, A. (2016). Prevalence and correlates of coronary heart disease: First population-based study in Lebanon. *Vascular Health and Risk Management*, 12, 75–84.  
<https://doi.org/10.2147/VHRM.S97252>
22. **Zeidan, R. K.**, Farah, R., Chahine, M. N., Asmar, R., Chahine, R., Salameh, P., Pathak, A., & Hosseini, H. (2016). Predictors of Uncontrolled Blood Pressure in Treated Hypertensive Individuals:

	<p>First Population-Based Study in Lebanon. <i>Journal of Clinical Hypertension (Greenwich, Conn.)</i>, 18(9), 871–877. <a href="https://doi.org/10.1111/jch.12775">https://doi.org/10.1111/jch.12775</a></p> <p>23. Farah, R., <b>Zeidan, R. K.</b>, Chahine, M. N., Asmar, R., Chahine, R., Salameh, P., &amp; Hosseini, H. (2015). Prevalence of stroke symptoms among stroke-free residents: First national data from Lebanon. <i>International Journal of Stroke: Official Journal of the International Stroke Society</i>, 10 Suppl A100, 83–88. <a href="https://doi.org/10.1111/ijis.12563">https://doi.org/10.1111/ijis.12563</a></p> <p>24. Awada, S., Rachidi, S., Al-Hajje, A., <b>Zeidan, R. K.</b>, Bou Kansou, N., Abboud, C., Bawab, W., &amp; Salameh, P. (2014). Gastro-esophageal Reflux Disease in Lebanese Adults: Effects on Quality of Life and Correlates. <i>Pharmacologia</i>, 5(9), 339–350. <a href="https://doi.org/10.5567/pharmacologia.2014.339.350">https://doi.org/10.5567/pharmacologia.2014.339.350</a></p> <p>25. <b>Zeidan, R. K.</b>, Rachidi, S., Awada, S., El Hajje, A., El Bawab, W., Salamé, J., Bejjany, R., &amp; Salameh, P. (2014). Carbon monoxide and respiratory symptoms in young adult passive smokers: A pilot study comparing waterpipe to cigarette. <i>International Journal of Occupational Medicine and Environmental Health</i>, 27(4), 571–582. <a href="https://doi.org/10.2478/s13382-014-0246-z">https://doi.org/10.2478/s13382-014-0246-z</a></p>
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